

Travelling guide to religious and cultural sites in Bumthang Dzongkhag

Gewog : Tang

Sl.No	Name of religious and cultural sites	Description of sites	Nearest road point	Distance from Chamkhar town	Distance to the site from the roadhead on foot	Contact person	Contact number
1	Tharnang Goenpa	Statues of Sangay and Tenpa main Nangten of the Lhakhang	Tharnang	30 Km	1hour walk	Phuntsho	17697420(Daughter M. No)
2	Tandinggang Lhakhang	Statues of Guru Pema Jungney Guru Nangsi wgich is the main Nangten of the Lhakhang.	Tandingang	40 Km	25 Mins	Sangay Tenzin	77357047
3	Thowadrak Lhakhang	The main Nangten of Lhakhang is statues of Chenrizey and Guru Rinpoche.	Thowadrak (Under chuntey)	47 Km	3 hour walk	Pema Tshering	17514526
4	Langmalung Lhakhang	The main Nangten is Buddha, Guru Rimphoche and Zhabdrung. A foot print of Guru on the rock.	Chutey	38 Km	25 mins walk	Tshering	17672749
5	Namkha Lhakhang	Statues of Guru and Dema, Tempa and main nangten is Yak Cham (Like Shoes, Cham Dresses, Bab)	Namkha	34 Km	3 mins walk	Deki Tshomo	17551307
6	Khangrab Poenpoi Lhakhang	21 Dema and Guru statues the main Nangten of Lhakhang	Khangrab	34 km	5 mins walk	Sangay Lhamo	17401498
7	Utshe Lhakhang	Statues of Guru and its print	Khangrab		5 Mins walk	Tshering Dorji	17337638
8	Anu Lhakhang	Main nangten is Statues of Guru Rinpoche	Gamling	34 Km	3 mins walk	Tshering	77661056/17914091

9	UgyenCholing Lhakhang/Palace	Ugyencholing which was built by Tsokye Dorji, a descendant of Dorje Lingpa in the 16th century. The place is now houses the family Museum . The place contain the historic items of Tshokey Dorji and his household. The Main statues of lhakhang are Guru Pema Jungney, Chenrizey, Terton Dorjiling.	Ugyencholing	37 Km	2 Mins walk	Ngawang Jamba	1795168
10	Bumthang Phog	Statues of Jamphel, Chenrizey are the main nangten of the Lhakhang.	Sermeth	35 Km	1 hour walk	Tshering Lhazom	17534352
11	Bai Phog	The main nangten of Lhakhang is statues of Guru Ugyen Norlha	Naruth	36 Km	30 mins walk	Yeshi	1789087
12	Chogyam	The main relics of Lhakhang is statues of Guru Pema Jungney and Guru nangsi .	Chojam	36 Km	20 mins walk	Karma	77491551
13	Thramoling	The main nangten of lhakhang is Guru Nangsi Zhilon	Sermeth	36 Km	5 hours walk	Karma	77491551
14	Taag Rimochen	A sacred place of Guru Rimpoche. A rock in front of temple bears a body print of the Guru and two khandroms. The site is named after the tiger stripe markings on the cliff. Footprints of the Guru and two large rock said to be male and female jachungs.	Rimochen	29 Km	1 min walk	Lam Pema Wangchuk	17601955
15	Bjoke Lhakhang	The main statues of Lhakhang is Tempa, Guru Pema Jungney and Terton Pema Lingpa.	Bjoke	23 Km	30 mins walk	Sangay Pasang	17522580
16	Ningchen Lhakhang	The main Lhakhang Statues of Guru Nangsi Zhilon, Terton Pema Lingpa nad Guru Pema Sambha.	Pangzhing	22 Km	5 minss walk	Tshering Dorji	17881485
17	Jemshong	The main relics of the Lhakhang areTempa and Guru Rinpoche.	Jemshong	24 Km	5 mins walk	Leki Wangchuk	17581660
18	Samtenling Lhakhang	The Lhakhang contain Statues of Guru Nangsi Zhilon and Terton Pema Lingpa	Phomdug	24 km	5 mins walk	Tenzin Zangpo	17652376

19	Pema Shedup Choki Gatsheling	It is a monastic school for Nuns and built by Nuns. The monastic follow the Nyingma Peling tradition.	Bebzur	13 Km	5 mins walk	Ani Jamphe Selden	17956625
20	Thre Lhakhang	statues of Tshokey Dorji , Pema Jungney chenrizey and Zhabdrung Rinpoche nangten of lhakhang.	Bebzur	14.5 Km	10 mins walk	Tshering Dorji	17253841
21	Kuenzangdrak Lhakhang	It is two hours walk from Tang Valley. The main relics are gilded stone bearing his footprint. The Scared relic of Terton Pema Lingpa. .	Kuenzangdrak	19 Km	2 hours walk	Ugyen Wangdi	17995463
22	Dechenling	The main Statues of Lhakhang are Guru Pema Jungney and Terton Pemalingpa.	Kuenzangdrak	19 Km	1/2 hour walk	Rinzin Phuntsho, Chiwog Tshogpa	17848953
23	Dorjitse Lhakhang	Statues of Guru Pema Jungney and Guru Nangsi Zholin, Guru Chenrizey and thangka of Guru.	Phomdrong	20 km	3 hours walk	Tsheng Tenzin	17805735
24	Phomdrong Lhakhang	The main statues of Lhakhang are Guru Pema Jungney , Chana Dorji, and Chenrezig .	Phomdrong	15 Km	5 mins walk	Sonam Dema	17840478

Remarks

**Tashi
Lhendup,
Tandingang
Tshogpa,
77298490**

**Leki,
Khangrab
Tshogpa,
77680198**

**Lekila,
Kizom Tshogpa,
17848704**

**Sangay
Tshewang,
Dazur Tshogpa,
17422320**

**Rinchen
Phuntsho,
Bebzur Tshogpa,
17848953**